

Spring 2010

Dear Healthcare Provider,

Recently, the NCAA has begun requiring student athletes to provide documentation regarding ADD and ADHD medication from their prescribing physician. Please complete the attached form for the student listed at the top of the form and return it to the Bates College Sports Medicine Department at your earliest convenience so this student may compete in compliance with the new ruling.

Any additional summary information you provide will be maintained in the student's confidential Bates Health Center record. If you have any questions regarding this policy, please call Michael Verville, Director of Sports Medicine, at 207-786-6359.

Thank you for your cooperation.

Sincerely,

Michael Verville, L.A.T.C.
Director of Sports Medicine

The student-athlete's documentation from the prescribing physician to the sports medicine staff should contain a minimum of the following information to help ensure that ADD and ADHD has been diagnosed and is being managed appropriately.

Student's Name _____ DOB _____

1. Description of the evaluation process which identifies the assessment tools and procedures.

2. Statement of the Diagnosis, including when it was confirmed.

3. History of ADD or ADHD treatment (previous and ongoing).

4. Statement that a non-banned ADD or ADHD alternative has been considered if a stimulant is currently prescribed.

5. Please list current medication, dosage, and frequency prescribed.

6. Statement regarding follow-up and monitoring visits.

**Return to: Bates College Sports Medicine Dept., Alumni Gymnasium
130 Central Ave. Lewiston, Me 04240 207-755-5959(fax)**

Physician's Signature

Physician's Name (Please Print)

Date

Physician's Address and Phone

PLEASE USE ADDRESS STAMP

Please send a summary of any additional supporting documentation regarding this student's diagnosis and treatment of ADD or ADHD, which will be kept in the student's confidential Health Center record, to: Bates College Health Center, 31 Campus Ave. Lewiston, ME 04240.

NCAA - Physician Criteria

Attention Deficit Hyperactivity Disorder (ADHD) Guideline Attachment

Criteria for letter from prescribing physician to provide documentation to the Athletics Department/Sports Medicine staff regarding assessment of student-athletes taking prescribed stimulants for Attention Deficit Hyperactivity Disorder (ADHD), in support of an NCAA Medical Exception request for the use of a banned substance.

The following must be included in supporting documentation:

- Student-athlete name.
- Student-athlete date of birth.
- Date of clinical evaluation.

Clinical evaluation components including:

- Summary of comprehensive clinical evaluation (referencing DSM-IV criteria) -- attach supporting documentation.
- ADHD Rating Scale(s) (e.g., Connors, ASRS, CAARS) scores and report summary -- attach supporting documentation.
- Blood pressure and pulse readings and comments.
- Note that alternative non-banned medications have been considered, and comments.
- Diagnosis.
- Medication(s) and dosage.
- Follow-up orders.

Additional ADHD evaluation components if available:

- Report ADHD symptoms by other significant individual(s).
- Psychological testing results.
- Physical exam date and results.
- Laboratory/testing results.
- Summary of previous ADHD diagnosis.
- Other comments.

Documentation from prescribing physician must also include the following:

- Physician name (Printed)
- Office address and contact information.
- Specialty.
- Physician signature and date.

DISCLAIMER: The National Collegiate Athletic Association shall not be liable or responsible, in any way, for any diagnosis or other evaluation made, or exam performed, in connection herewith, or for any subsequent action taken, in whole or in part, in reliance upon the accuracy or veracity of the information provided hereunder.