CIGNA Dental Oral Health Integration Program®

Provides enhanced dental coverage for eligible customers with diabetes, heart disease, and stroke

- Periodontal scaling and root planing (PSRP)
- Periodontal maintenance, up to four times per year after PSRP

Why it’s important

- Treating gum disease may help avoid medical complications of diabetes
- Those with gum disease may be more at risk for heart disease and stroke

Turning Evidence Into Action®

Diabetics are 2-4 times more susceptible to gum disease

Confidential, unpublished property of CIGNA. Do not duplicate or distribute. Use and distribution limited solely to authorized personnel. © 2009 CIGNA
CIGNA Dental Oral Health Maternity Program®

Enhanced dental coverage during pregnancy for eligible customers:

- Periodontal scaling and root planing
- Periodontal maintenance
- Frequency limitation for cleanings waived
- Treatment for inflamed gums around wisdom teeth

Why it’s important

- **87% reduction** of premature births when treated for gum disease\(^1\)
- Those with chronic gum disease during second trimester may be **up to seven times more likely** to give birth prematurely\(^2,3\)
- Also linked to pre-eclampsia\(^4\)

\(^1\)August 2003, Journal of Periodontology
\(^3\)Journal of the American Dental Association, July 2001
\(^4\)Journal of Periodontology, March 2005