Enter [www.aetna.com](http://www.aetna.com) in your web browser

Click here to log in

If new user hit register – otherwise enter your user name and password
Once you have entered all of your information and agreed to the terms of the Website you will come to the following screen.

Click that you are the employee.

If you do not have your ID click below where it says to use your Social Security Number.

Enter your full name as it appears on Bates Records.

Click here to access the Health Assessment.
You can start or update your HRA here

To access the Online Wellness Programs you would click here

Follow the prompts to complete all sections of the HRA
Once complete you will receive a summary of your results with your overall risk score.
Clear here to start your online wellness program

Choose one of the six available programs

To complete the online program you must complete the 30-day evaluation