The Patient Protection and Affordable Care Act (PPACA), commonly referred to as “health care reform,” was signed into law on March 23, 2010. This important legislation will result in changes to every American’s health coverage including coverage of preventive health care services and certain medications with no out-of-pocket cost to individuals.

Health care reform provides specific preventive medications at no cost

Certain categories of drugs and other products have been included in the preventive care services coverage based on recommendations from the U.S. Preventive Services Task Force as well as the Institute of Medicine. These recommendations emphasize prevention of disease and meeting the unique health care needs of women.

In accordance with the PPACA requirements, and subject to any applicable limitations in your Cigna administered pharmacy benefit plan, the following products and prescription medications (as well as specific over-the-counter medications) will be available to you at no cost (copay, coinsurance and/or deductible).

Please see your plan materials or visit myCigna.com for specific details about how these products and medications may be covered under your specific plan. You can also call the number on the back of your ID card 24 hours a day, 365 days a year, for help.

You should consult with your doctor in choosing the product or drug that is right for you. This list is provided to help you discuss with your doctor the options that may be appropriate and available to you at no cost. A prescription from your doctor is required to process any claim for preventive care drugs or products under your pharmacy plan, including over-the-counter drugs.
### Aspirin products
Available to:
- **Males:** 45 – 79 years
- **Females:** 55 – 79 years

**Adult Low Dose Aspirin**
**Adult Low Strength Aspirin**
**Ascriptin**
**Aspir 81**
**Aspirin**
**Aspirin Buffered**
**Aspirin EC**
**Aspirin Tri-Buffered**
**Aspir-Low**
**Aspir-Mox**
**Aspir-Trin**
**Aspridrox**
**Baby Aspirin**
**Bayer Aspirin**
**Bayer Children’s Aspirin**
**Bayer with Calcium Bufferin**
**Children’s Aspirin**
**Doan’s Regular**
**Ecotrin**
**Ecpirin**
**Genacote**
**Halflorin**
**Lite Coat Aspirin**
**Lo-Dose Aspirin**
**Low Dose Aspirin**
**Piminal Aspirin**
**Rural Aspirin**

### Folic acid supplements
**Available to Females**

- (Only products containing from 0.5 mg – 0.8 mg of folic acid are included)
- Biocel, Chewable Prenatal
- Folic Acid
- KPN
- Maxinate
- Mission Prenatal
- Mission Prenatal FA
- Mission Prenatal HP
- Natalcare RX
- One-A-Day Women’s Prenatal DHA
- Optinate
- P-D Natal Plus With Folic Acid
- P-D Natal Plus
- Perry Prenatal
- Prenatal
- Prenatal Complete
- Prenatal Formula
- Prenatal Plus DHA
- Prenatal RX
- Prenatal S
- Prenavite
- Preque 10
- Right Step Prenatal Vitamins
- Stuart Prenatal
- Supervite EC
- Urosex
- Vitacel

### Hormonal contraception*
**Available to Females**

- Altavera
- Amethia
- Amethyst
- Apri
- Aranelle
- Aviane
- Azurette
- Balziva
- Briellyn
- Camila
- Camresee
- Caziant
- Cesia
- Cryselle
- Cycalfern
- Cyclessa
- Emoquette
- Enpresse
- Errin
- Gianvi
- Gildess FE
- Heath
- Introvale
- Jolivette
- Jueln FA
- Junel
- Kariva
- Kelnor 1-35
- Leena
- Lessina
- Levora-28
- Loryna
- Low-Ogestrel
- Lutera
- Medroxyprogesterone Acetate
- 150 mg/ml
- Microgestin
- Microgestin FE
- Mononessa
- Necon
- Nora-DE
- Norethindrone
- Norethindrone-Ethinyl Estradiol
- Norgestimate-Ethinyl Estradiol
- Norgestrel-Ethiny Estradiol
- Nortel
- Nuvaring
- Ocella
- Ogestrel
- Orsytia
- Ortho Evra
- Portia
- Previmem
- Quasense
- Reclipsen
- Solia
- Sprintec
- Sronyx
- Syeda
- Tila FE
- Tri-Legest FE
- Trinessa
- Tri-Previmem
- Tri-Sprintec
- Trivora-28
- Velivet

### Barrier contraception
**Available to Females**

- Encare
- FC Condom
- Femcap
- Gynol II
- Ortho All-Flex
- Reality
- Today Contraceptive Sponge
- VCF
- Wide Seal Diaphragm

### Emergency contraception*
**Available to Females**

- Ella
- Levonorpostrel
- Next Choice

### Pediatric multivitamins (containing fluoride and fluoride supplements)
**Available to Males and Females:**

- six months – six years
  - Epilur
  - Ethedent
  - Fluorabor
  - Fluor-A-Day
  - Fluoritab
  - Flura-Drops
  - Ludent Fluoride
  - Luride
  - Multi-Vita Bets-Fluoride
  - Multivitamins W-Fluoride-Iron
  - Multivitamins With Fluoride
  - MVC-Fluoride
  - Poly-Vi-Flor
  - Poly-Vitamin With Fluoride
  - Polytovin With Iron-Fluoride
  - Polytovins-Fluoride
  - Renaf
  - Sodium Fluoride
  - Triplevite With Fluoride
  - Tri-Vit with Fluoride-Iron
  - Tri-Vitamin with Fluoride
  - Tri-Vitamin with Iron-Fluoride
  - Tri-Vitamin-Fluoride

### Pediatric iron-containing products
**Available to Males and Females:**

- six – 12 months
  - Fer-Gen-Sol
  - Fer-In-Sol
  - Fer-Iron
  - Ferrous Sulfate
  - Icar
  - Mykidz Iron 10
  - Siderol
  - Vitafol
  - Wee Care

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*Food and Drug Administration (FDA) approved female contraceptives are listed above. Additional FDA approved contraceptives (e.g., brand oral contraceptive medications that have a generic alternative or a generic therapeutic alternative) may be covered at your plan’s preferred or nonpreferred cost share.*

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