

Motivation and Emotion (PSYC 250)

Mr. John E. Kelsey

Fall, 2010

Office: Pettengill 359

Lecture: 11:00 MWF
Discussions: 11 & 12 F

Office Hours: 9-10:30 T Th
and by appointment

Required Text: Petri, H. L., & Govern, J. M. (2004). *Motivation: Theory, research, and applications* (5th ed.). Belmont, CA: Wadsworth.

Sept. 8 Introduction

Development of Motivational Constructs

10 a. Definition of motivation: What kinds of behaviors are assumed to be motivated? (P&G: Ch. 1 & 2, 15-28; Beck: Ch. 1, 17-29)

13 b. Motivational constructs in the history of psychology? Traditional rationalism vs. determinism (P&G: Ch. 2, 28-36; Baumeister, 2008)

15 c. Hypothesis testing and operational definitions. (Beck: Ch. 1, 2-17)

17 *Discussion: Operational definitions and research*

Assign 1

20 d. Methods: Correlational vs. experimental; hypothesis generation (Johnson et al., 2002; Odgers et al., 2008)

22 **Genetic Bases of Behavior:** (P&G: Ch. 3; Plomin & DeFries, 1998)

24 *Discussion: Heritability and nature/nurture* (Caspi et al., 2003; Risch et al., 2009; Sapolsky, 2004)

Assign 2

Biological Motives: Homeostasis and Drives

Oct. 29 a. Water intake (P&G: Ch. 5, 135-141)

1 b. Food intake

(1) Biological bases (P&G: Ch. 5, 107-120; Flier & Maratos-Flier, 2007)

4 (2) Incentives, obesity, and anorexia (P&G: Ch. 5, 120-135; Raeburn, 2007)

8 First Exam

11 c. Sexual Behavior (P&G: Ch. 5; 141-145; Ch. 4, 101-104; Ch. 7, 208-213; Ch. 6, 187-189; Vandenberg, 2003; Auyeung et al., 2009)

15 *Discussion: Development of sexual differences; oxytocin and affiliation* (Hyde & Linn, 2006; Feng et al., 2007; Taylor et al., 2010)

25 **Arousal, ADHD, and Cognitive Enhancers** (P&G: Ch. 4, 68-88; Ch. 8, 224-238; Mook, 1996, 222-246; Rothenberger & Banaschewski, 2007; Stix, 2009)

Learning: Incentives and Reinforcement

27 a. Incentives, classical conditioning, and fear conditioning (P&G: Ch. 6, 157-178; Ch. 7, 192-207; Ch. 8, 238-242; Olsson et al., 2005; Davis et al., 2005)

29 *Discussion: autoshaping and opponent process theory* (Solomon, 1980)

Nov. 5 b. Reinforcement (Deckers, 2005, 254-284; P&G: Ch. 8, 218-224; Wise, 2004, 159-168; Siegel & MacRae, 1984)

10 c. Biological bases of reinforcement and addiction (Edwards & Koob, 2010; Heinz, 2006; Odgers et al., 2008)

12 Second Exam

Human Motivation and Emotion

15 a. Cognitions: Decision, choice, and allocation (P&G: Ch. 9, 247-259; Schwartz, 2004; Sigmund et al., 2002; Janssen et al. 2010)

17 b. Cognitive consistency and attribution theory (P&G: Ch. 10, 304-314)

19 *Discussion: Applications of cognitive dissonance* (Hobden & Olson, 1994; Stice et al., 2006; Lee & Schwarz, 2010)

- 29 c. Rationality vs. unconscious (Dijksterhuis et al., 2006; Custers & Aarts, 2010; Lakin & Chartrand, 2003)
- Dec. 1 d. Attribution theory and emotions (P&G: Ch. 11, 316-336)
- 3 e. Emotions, stress, helplessness, and control (P&G: Ch. 13; Ch. 4, 88-101; Ch. 8, 178-181; Ch. 11, 338-341; Gillham et al., 2001)
- 6 f. Positive emotions and resiliency (Myers & Diener, 1995; Seligman et al., 2005)
- 8 g. Achievement motivation (P&G: Ch. 9, 259-271; Ch. 11, 323-327 & 336-338; Ch. 14; Dweck & Sorich, 1999; Duckworth & Seligman, 2005)

Optional Assign 3

14 Final Exam at 3:45 PM

Grading Procedure: The following approximate percentages will be assigned in computing your final grade.

First Exam	25%
Second Exam	30%
Assignments/homework	10%
Final Exam	35%
	100%

References (on Lyceum)

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