

Modeling Pitch Trajectories in Fastpitch Softball

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We use the fourth-order Runge-Kutta method to numerically integrate the equations of motion for a fastpitch softball pitch and in this way compute and display the trajectories of drop balls, rise balls and curve balls. By requiring these pitches to pass through the strike zone, and by making reasonable assumptions about the initial speed, launch angle and height of the pitch, we predict a range of values for the lift coefficient that is consistent with values derived from experimental data. Using the analysis of a batter's swing given by Adair, we also discuss how to predict when a pitch is likely to be missed (or fouled) by a batter.

I. INTRODUCTION

The game of fastpitch softball has been played since the late 1800's and is currently a very popular women's sport in both high schools and colleges. Although the trajectories of many different spherical sports balls have been investigated,¹ those of a fastpitch softball have only recently begun to be studied.^{2,3} In this paper we present a computer model that simulates the motion of fastpitch softball pitches. We then use this model to predict a range of values within which the lift coefficient of a fastpitch softball should lie and compare this range with values obtained from experimental data. Finally, we discuss how our model can be used to discuss when a pitch is likely to be missed (or fouled) by a batter.

We begin by setting up Newton's equations of motion for a fastpitch softball and then, using the fourth-order Runge-Kutta method, we solve these equations numerically. By assuming reasonable values for the launch angle, speed and height off the ground of the softball as it leaves the pitcher's hand, we compute and display the trajectories of rise balls, drop balls and curve balls. We also determine a range of values within which the lift coefficients must lie in order to put any one of these pitches into the strike zone. Next, using the time analysis of a batter's swing presented by Adair,⁴ we discuss when a given pitch has a good chance of fooling a batter into starting her swing before she can accurately assess the trajectory of the ball and thus cause her to miss (or foul) it. We end by comparing the range of lift coefficients predicted by our model to values derived from experimental data,⁵ and to values that have recently been determined for baseballs.⁶

II. ASSUMPTIONS AND INITIAL CONDITIONS

The coordinate system used in our analysis has the x axis along a horizontal line from the pitcher to home plate, the y axis perpendicular to the ground, and the z axis perpendicular to the x and y axes according to the right hand rule. The origin of the coordinate system is on the ground directly beneath the point where the ball leaves the pitcher's hand. The pitch is thrown from just above the origin at an initial height y_0 , so the coordinates of the launch point are $x_0 = 0, y_0, z_0 = 0$.

We use spherical coordinates to describe the launch angles of a pitch, but with the mathematician's choice of the labels θ and φ . In other words, the angle φ is the angle the velocity vector makes with the z -axis, and θ is the angle made with the x -axis by the projection of the velocity vector in the the $x-y$ (vertical) plane. Note that a pitch which remains in the vertical plane (and does not curve) has a constant angle of $\varphi = 90$ degrees. If the pitch is thrown perfectly horizontally (and parallel to the ground) it has $\theta = 0^\circ$. A nice graphical representation of this coordinate system is given online by Arnold.⁷

We model the motion of the fastpitch softball pitch by assuming that once the ball leaves the pitcher's hand it is acted upon by three forces: gravity, air resistance and the Magnus force.⁸ The magnitude of the force of gravity is

$$F_{gravity} = mg \quad (1)$$

where m is the mass of the softball and g is the gravitational acceleration, whose magnitude¹¹ is 32 ft/s^2 (9.8 m/s^2) and whose direction is along the negative y axis.

The magnitude of the force of air resistance is expressed in the standard form⁶

$$F_{drag} = \frac{1}{2} C_D \rho A v^2, \quad (2)$$

where C_D is the drag coefficient, A is the cross-sectional area of the ball, v is the speed of the ball, and ρ is the density of air which, to an accuracy of two significant figures, is 1.2 kg/m^3 for temperatures within the range of 60° F to 90° F (16° C to 32° C).¹² The drag force acts in the direction opposite to that of the velocity.

In order to simplify the computer code we defined the constant

$$C \equiv \frac{1}{2} C_D \rho A \quad (3)$$

so the drag force could be written as

$$F_{\text{drag}} = C v^2. \quad (4)$$

As discussed below, after putting in the appropriate value for C_D we found that $C = 1.55 \times 10^{-3} \text{ kg/m}$.

The standard expression for the magnitude of the Magnus force is⁶

$$F_{\text{Magnus}} = \frac{1}{2} C_L \rho A v^2, \quad (5)$$

where C_L is the lift coefficient. As we discuss in more detail at the end of this section (and in Section V), this force is created by the spin of the ball, and depending upon the direction of the spin axis, it leads to pitches that rise, curve or drop as they travel from the pitcher to home plate. The Magnus force acts in a direction perpendicular to both the angular and translational velocity of the ball. More precisely, if $\vec{\omega}$ is the angular velocity vector then the Magnus force is in the direction of $\vec{\omega} \times \vec{v}$.

Putting these forces into Newton's second law we find

$$m \dot{v}_x = -C v_x \sqrt{v_x^2 + v_y^2 + v_z^2}, \quad (6)$$

$$m \dot{v}_y = -mg - C v_y \sqrt{v_x^2 + v_y^2 + v_z^2} + \frac{1}{2} C_L \rho A (v_x^2 + v_y^2 + v_z^2) \sin \alpha, \quad (7)$$

$$m \dot{v}_z = -C v_z \sqrt{v_x^2 + v_y^2 + v_z^2} + \frac{1}{2} C_L \rho A (v_x^2 + v_y^2 + v_z^2) \cos \alpha. \quad (8)$$

In these equations, the superscript dot signifies a time derivative. The x component of the velocity is denoted by v_x and similarly for the y and z components. The direction of the Magnus force vector is specified by the angle α , which lies in the y - z plane with $\alpha = 0$ when the Magnus force vector points along the positive z axis.

The initial speed of the pitch is v_i , and the initial values for v_x , v_y , and v_z are given in spherical coordinates that correspond to the coordinate system shown in Arnold:⁷

$$\begin{aligned} v_{x,i} &= v_i \sin \varphi \cos \theta \\ v_{y,i} &= v_i \sin \varphi \sin \theta \\ v_{z,i} &= v_i \cos \varphi. \end{aligned}$$

The fastpitch softball is an optic yellow sphere with at least 88 raised red thread stitches. Although the dimensions of softballs vary slightly, we will assume¹³ that each softball has a circumference of 12 inches (0.30 m), a radius $R = 1.9$ inches (4.85 cm) and a weight of 6.5 ounces (which corresponds to a mass of 0.18 kilograms).

Some of the initial conditions will be the same for all of the pitches we consider. The front of the softball pitching rubber (the side closest to the batter) is 43 feet (13.1 m) from the back of home plate¹³ and, unlike in baseball, where there is a pitcher's mound, the rubber from which fastpitch softball pitchers throw is at the same level as the batter. Since a pitcher is permitted to take one stride towards the batter during her delivery, if we assume her stride is 3.0 feet (0.91 m) then every pitch travels 40 feet (12 m) in the direction of the x -axis from its release point to home plate.

The ball is released from a point just above the knee of the pitcher. As she steps forward to deliver a pitch her knee drops so we assume the release point is 1.5 feet (0.46 m) off the ground. This value of y_0 is close to those recorded by Nathan³ (1.8 ft, $\sigma = 0.2$ ft) from four fastpitch softball pitchers as they threw over 3500 pitches. Finally, we assume the initial speed of the softball is 65 mph (29 m/s), which is consistent with the values measured by Nathan³ ($v_i = 65$ mph, $\sigma = 5$ mph) and others.¹⁴

Next we want to determine a numerical value for the drag coefficient C_D . If we assume the fastpitch softball is simply a scaled up baseball then both the baseball and the softball will have the same C_D provided they have the same Reynolds number

$$Re = \frac{\rho D v}{\mu}, \quad (9)$$

where ρ is the density of air (whose numerical value is given just above Eq.(3)), D is the diameter of the ball, v is the speed of the ball relative to the air, and $\mu = 1.85 \cdot 10^{-5} \text{ N}\cdot\text{s/m}^2$ is the dynamic viscosity of air.⁶ To an accuracy of two significant figures the diameter of a regulation baseball is 2.9 in, so a softball moving at 65 mph should have the same properties as a baseball moving at

$$v = \frac{(3.8)(65 \text{ mph})}{(2.9)} = (1.31)(65 \text{ mph}) = 85 \text{ mph}. \quad (10)$$

Since the drag coefficient for a baseball moving with a speed of 85 mph is about 0.35,¹⁶ we used this value of C_D in our equations. This number is consistent with drag coefficients for fastpitch softballs found experimentally by Nathan ($C_D = 0.31$, $\sigma = 0.04$).⁵ Continuing with our assumption that a fastpitch softball can be treated as a scaled up baseball, we assume the drag coefficient for a fastpitch softball is constant during the time it is in the air and is independent of the orientation of the ball's stitches and the magnitude and orientation of its

spin.¹⁷ This assumption is supported for softballs by the experimental result for C_D quoted above.⁵

Both uniformly rough and ideally smooth balls experience a “drag crisis” at certain speeds, which is the name given to a sharp decrease in the value of C_D that occurs at the onset of turbulence. No such effect occurs for baseballs moving at 85 mph, so we assume that fast-pitch softballs traveling at 65 mph also do not experience it.^{18,19} We also assume there is no wind.

The dimensions of the strike zone vary from batter to batter. In this paper we assume the strike zone starts 1.5 feet (0.46 m) above the ground (at the height of the top of the batter’s knees) and ends 3.75 feet (1.1 m) above the ground (at the height of the batter’s forward arm pit). We take the width of the strike zone as the width of home plate (17 in) plus the diameter of a softball (3.8 in) since the rules specify that a pitch is a strike if any part of the ball crosses over the width of home plate.²⁰ Thus, we take the width of the strike zone to be 20.8 in (0.53 m). The strike zone provides the boundary for pitches in our analysis; that is, we require all of our pitches to pass through the strike zone.

The last parameter we need to discuss is the lift coefficient C_L . For baseballs, Nathan has shown that C_L is independent of speed,⁶ but the degree to which it is affected by the orientation of the stitches with respect to the spin axis of the ball is not completely understood.²⁴ Nonetheless, most treatments of lift coefficients for baseballs ignore the effect of seam orientation and assume C_L remains constant during its trip from the pitcher’s hand to the strike zone.^{21,22,23} We will make the same assumption for fastpitch softballs. We note, however, that recent experiments indicate there are special cases in which the orientation of the seams can have a substantial effect on C_L .^{8,10} Lift coefficients are discussed in more detail in Section V.

We numerically integrated the equations of motion (6) - (8) with a C++ program that uses the fourth-order Runge-Kutta method. Given that our chosen margin of error is two significant digits, a step size of 0.02 s was sufficient since smaller step sizes produce identical values for our quantities of interest.

The program is set up so that we input the fixed parameters discussed above, choose launch angles θ and φ , and then find the values of the lift coefficient for which the ball passes through the strike zone. More specifically, after entering the fixed parameters discussed above, we choose θ and φ for the pitch in which we were interested and then allow C_L to vary from a minimum of 0.00 to a maximum of 1.0 in order to find the values of C_L that put the ball in the strike zone for those particular values of θ and φ .

TABLE I: Conditions for drop ball pitches

θ (degrees)	Range of C_L
5.0	0.00 – 0.05
5.5	0.00 – 0.11
6.0	0.00 – 0.16
6.5	0.00 – 0.22
7.0	0.00 – 0.27
7.5	0.00 – 0.33
8.0	0.04 – 0.38
8.5	0.10 – 0.44
9.0	0.16 – 0.50
9.5	0.21 – 0.56
10.0	0.27 – 0.62

III. RESULTS

A. THE DROP BALL

In the case of a drop ball, the Magnus force points in the negative y direction ($\alpha = -90^\circ$). Since the only other force acting in the y direction is gravity, the softball will only pass through the strike zone if there is a positive launch angle θ .

Table I shows the conditions necessary for a drop ball to pass through the strike zone for a range of launch angles. For example, if the drop ball leaves the pitcher’s hand at an angle of $\theta = 6.0^\circ$ then the lift coefficient must be between 0.00 and 0.16 in order for the ball to cross home plate in the strike zone. The reason there is a range of acceptable values for the lift coefficient is because the ball will be a strike if it passes anywhere between the top and bottom of the strike zone. Note that here, and in what follows, $C_L = 0.00$ indicates a pitch for which the Magnus force is zero. Technically, a pitch for which the Magnus force is zero is not a drop ball, curve ball or rise ball, but we include this value of C_L in the tables because it represents the lower bound of the allowed values of the lift coefficient.

Figure 1 shows the trajectory of a drop ball with a launch angle of $\theta = 6.0^\circ$ and a lift coefficient $C_L = 0.15$. Note that the scale on the y axis is smaller than the scale on the x -axis, so the vertical part of the trajectory displayed in the figure is somewhat exaggerated. In Figure 1, and in all subsequent figures, $x = 0$ ft is the x -coordinate of the point at which the pitch is released from the pitcher’s hand and $x = 40$ ft is the x -coordinate of the far side of home plate.

B. THE RISE BALL

In the case of a pure rise ball, the Magnus force points in the positive y direction ($\alpha = 90^\circ$). Table II shows the range of values of C_L for which the ball will pass through

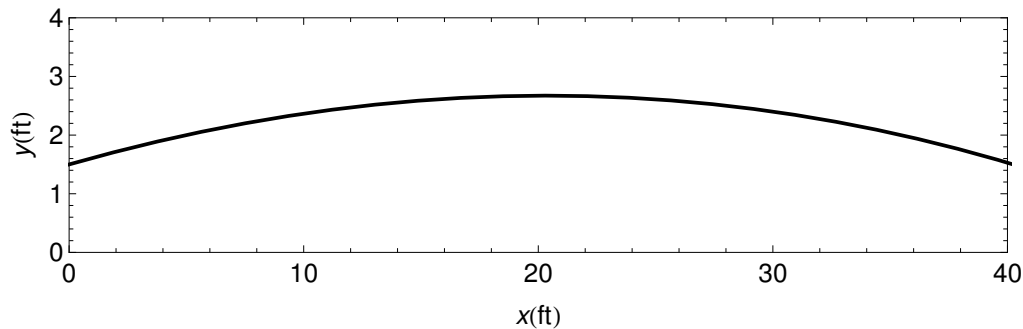


FIG. 1: The trajectory of a 65 mph (29 m/s) drop ball with an initial angle $\theta = 6.0^\circ$ and a lift coefficient $C_L = 0.15$.

TABLE II: Conditions for rise ball pitches

θ (degrees)	Range of C_L
0.0	0.51 – 0.85
1.0	0.40 – 0.73
2.0	0.29 – 0.62
3.0	0.18 – 0.51
4.0	0.06 – 0.40
5.0	0.00 – 0.29
6.0	0.00 – 0.18
7.0	0.00 – 0.07

the strike zone for various values of the launch angle θ . When $\theta \geq 8^\circ$ there is no (positive) value of C_L for which the pitch will be a strike.

For $\theta = 3.0^\circ$ and $C_L = 0.20$, the pitch stays in the strike zone but, as Figure 2 shows, the ball does not continue to rise throughout its complete trajectory. Figure 3 shows a rise ball pitch with $\theta = 6.0^\circ$ and $C_L = 0.18$ that does rise during its whole trip to home plate.

C. THE CURVE BALL

In the case of a pure curve ball, the Magnus force points in the negative z direction ($\alpha = 180^\circ$) and the softball curves to the pitcher's left. (By calling this pitch a “curve ball” we are implicitly assuming the pitcher is right-handed. If the pitcher were left-handed this same pitch would be called a “screw ball.”)

Table III shows the conditions necessary for a curve ball to pass through the strike zone. In each case we have assumed a value of θ which keeps the ball within the strike zone's vertical dimensions.

Pitches with values of φ less than 90° begin with a component of velocity in the positive z direction, opposite to the direction in which the ball will curve, which means they first travel slightly to the pitcher's right before they curve to the left. The trajectory of a curve ball with launch angles $\theta = 4.5^\circ$ and $\varphi = 90^\circ$, and a lift coefficient $C_L = 0.15$, is shown in Figure 4. We stopped

TABLE III: Conditions for curve ball pitches

φ (degrees)	Range of C_L
90.5	0.00 – 0.21
90.0	0.00 – 0.27
89.5	0.06 – 0.32
89.0	0.12 – 0.38
88.5	0.17 – 0.44
88.0	0.23 – 0.49
87.5	0.29 – 0.55

calculating trajectories when $\varphi = 87.5^\circ$ because, as we discuss in Section V, fastpitch softball pitchers rarely attain a value of C_L higher than about 0.30.

D. OTHER PITCHES

We can also compute and graph trajectories of pitches with the Magnus force vector pointing in any direction α in the $y-z$ plane and any valid launch angles θ and φ , which we can think of as “rising screw balls,” “falling curve balls,” etc. Indeed, one way our model can be used is to display the trajectories of these pitches for various values of C_L to estimate how much spin would be necessary to keep them in the strike zone.

IV. STRIKING OUT THE BATTER

We can use our results in conjunction with the time analysis of a typical batter's swing given by Adair⁴ to get a better understanding of when a batter is most likely to swing and miss (or foul) a pitch that passes through the strike zone. Our approach is to find out where the ball is when the batter must initiate her swing. If the ball has not appreciably begun its drop or curve at this time then the batter is likely to miss (or foul) it as it passes over home plate. In what follows we give only a qualitative description of the method because, first, all of our calculations are based on initial values which are valid

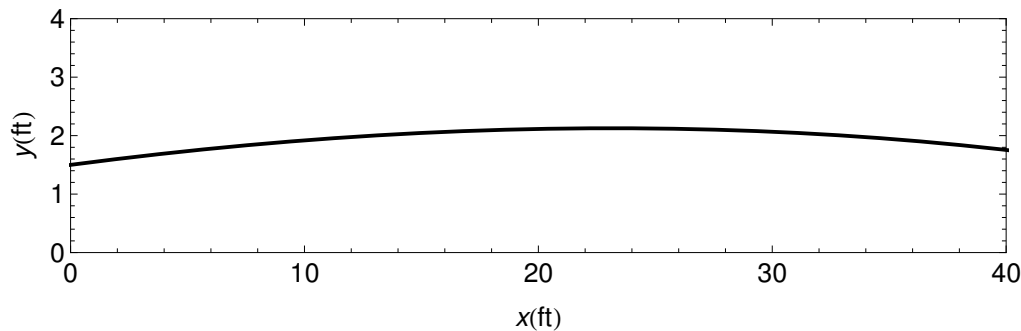


FIG. 2: The trajectory of a 65 mph (29 m/s) rise ball with an initial angle $\theta = 3.0^\circ$ and a lift coefficient $C_L = 0.20$. This pitch does not rise throughout its complete trajectory.

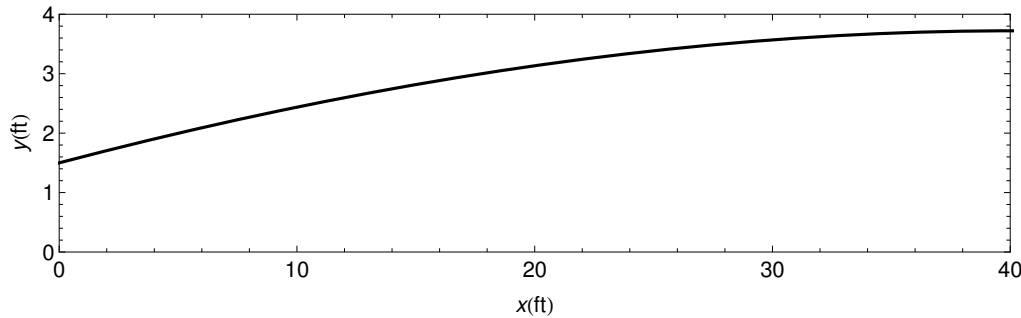


FIG. 3: The trajectory of a 65 mph (29 m/s) rise ball with an initial angle $\theta = 6.0^\circ$ and a lift coefficient $C_L = 0.18$. For these values of θ and C_L the ball rises throughout the whole trajectory.

to only two significant figures, second, the times used by Adair will vary slightly from one batter to another, and third, the time it takes a batter to recognize when the ball has left the pitcher's hand is slightly uncertain for any particular batter and varies from batter to batter.

The first step in our approach is to determine the total time the ball is in the air as it travels from the pitcher to home plate. Our numerical integration of Newton's equations shows that, for a softball traveling at 65 mph and a drag coefficient of 0.35, this time is 0.45 s. If we assume no drag force, so the softball is traveling at a constant speed of 65 mph from its release point to home plate, the time of flight is 0.42 s. Thus, the model shows that the magnitude of the drag coefficient does not play a big role in fastpitch softball. We also note that the corresponding time for a baseball traveling at a constant speed of 90 mph to reach home plate, which is 56 ft away from the point where the pitch is released, is also 0.42 s.

Adair's analysis of what happens during the batter's swing separates the batter's complete response into four parts: Looking, Thinking, Action, and Batting.⁴ The Looking portion of the swing takes about 75 milliseconds and is the time it takes the batter to cognize that the ball has left the pitcher's hand. The next part of the batter's process is the Thinking portion. During this part of the swing, which takes about 50 milliseconds, the brain estimates the ball's trajectory. The next part of the batter's process is the Action portion, which takes about

25 milliseconds. This is the time period during which the brain tells the muscles to begin the swing. Finally, there is the Batting portion of the process, approximately 150 milliseconds, from when the batter sets the bat in motion until the bat hits the ball in the middle of home plate. Adair says an experienced player can make minor adjustments in the motion of her bat for about the first 50 – 100 milliseconds of the Batting portion of the swing, but these adjustments most likely won't result in a solid hit if the trajectory is not what the batter expected at the end of the Action portion of her swing.

In Figure 5 we show where a rise ball and a drop ball are during each of the four parts of the batter's process. To do this we first determined the time at which the ball would be directly over home plate and called this the end of the Batting portion of the swing. We then worked backwards from this time to determine where the ball is 150 milliseconds earlier, at the beginning of the the Batting portion, and continued in this way to determine where the ball is at the beginning of the Action, Thinking and Looking phases.

Figure 5 shows how hard it is for a batter to assess the trajectory of a pitch in time to get a solid hit. As the figure shows, the batter must commit to her swing at the end of the Action portion of her process, when the drop and rise ball trajectories are almost indistinguishable. But, when the balls cross home plate, the two trajectories are over one foot apart(!) so if the batter has

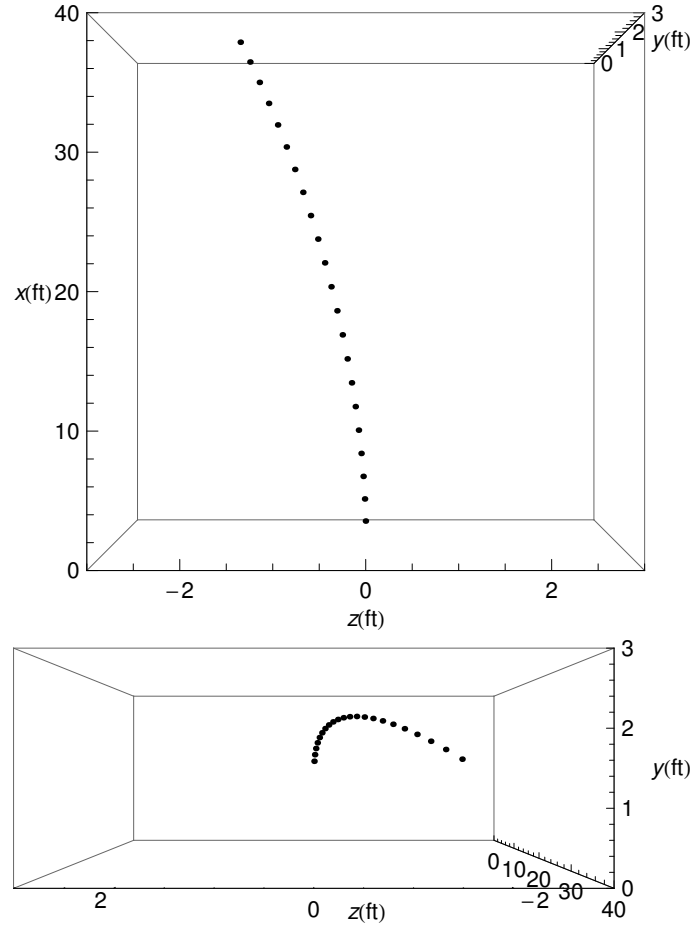


FIG. 4: The trajectory of a 65 mph (29 m/s) curve ball with $\theta = 4.5^\circ$, $\varphi = 90^\circ$ and a lift coefficient $C_L = 0.15$. (a) A view of the trajectory from above. (b) The batter's view of the trajectory. Note that in both cases the scale on the x axis is larger than the scales on the y and z axes.

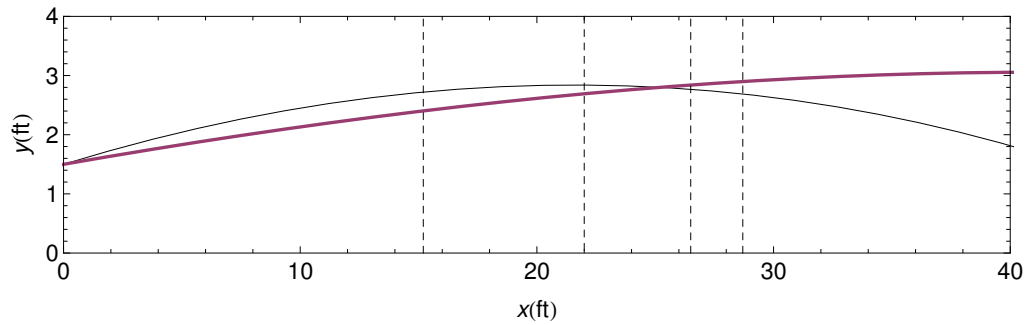


FIG. 5: The trajectory of a 65 mph (29 m/s) rise ball with an launch angle $\theta = 4.0^\circ$ and a lift coefficient $C_L = 0.30$ together with the trajectory of a drop ball with an launch angle of $\theta = 7.0^\circ$ and a lift coefficient $C_L = 0.25$. The first dotted line, at $x = 15.2$ ft (4.6 m), shows the location of the ball at the last possible time by which the batter can start the Looking phase. The dotted lines at $x = 22.0$ ft (6.7 m), $x = 26.5$ ft (8.1 m) and $x = 28.7$ ft (8.7 m) show the respective last locations of the ball by which the batter can start the Thinking, Action and Batting phases. Given the scale on the y -axis, the locations of the two pitches are almost indistinguishable to the batter during the time just before she initiates her swing, but when the pitches cross home plate they are over a foot apart.

made the wrong choice at the beginning of her swing she most likely miss or foul the ball.

Figures like Figure 5 can be created to compare the trajectories of any two pitches and thus can be used to get an idea of how likely it is that the batter will have difficulty distinguishing one pitch from another at the time she has to commit to a specific swing.

V. LIFT COEFFICIENTS FOR A FASTPITCH SOFTBALL

Although the equations in which the drag and lift coefficients appear have the same form, the coefficients themselves have different functional dependencies. For example, whereas the drag coefficient depends upon properties intrinsic to the ball and the air through which it travels, heuristic arguments^{4,6} suggest that the lift coefficient should depend upon the spin ω of the ball and its linear speed v through the air, both of which will vary from pitch to pitch. Consequently, although the drag coefficient should be essentially the same for all pitches, we expect the lift coefficient to lie within a bounded range determined by the maximum and minimum values of the spin and initial speed which can be given to the ball by each pitcher.

Nathan⁶ investigated lift coefficients for baseballs, first extracting values of C_L from data and then examining their functional dependence on the Reynolds number and a quantity called the “spin factor,” which is defined as $S = \omega R/v$. He found that for $75 \text{ mph} < v < 100 \text{ mph}$ and $0.15 < S < 0.25$, which are the ranges most relevant to baseball, C_L is independent of the Reynolds number (or speed) but does depend upon S . Nathan says his data is in “excellent agreement” with the parameterization of Sawicki *et.al.*²¹

$$C_L = 0.09 + 0.6S \quad (11)$$

when $S > 0.1$, and

$$C_L = 1.5S \quad (12)$$

when $S \leq 0.1$.

In order to investigate how C_L and S are related for fastpitch softballs we need to know typical values for a softball’s angular speed ω . RevFire[®] makes equipment which they claim measures ω for fastpitch softballs to within ± 0.25 revolutions per second.^{25,26,27} Their measurements show that the average value of ω for a drop ball is 20 revolutions per second (rps), for curve balls and screw balls is 21 rps, and for rise balls is 22 rps. More generally, they found that for most pitches $17 \text{ rps} < \omega < 32 \text{ rps}$. Using these values of ω we find that the average value of S is about 0.22 for all four types of softball pitches when they are moving with a speed of 65 mph, and that S is usually within the range $0.18 < S < 0.34$. Note that this range of values has significant overlap with the corresponding range (mentioned above Eq. (11)) for baseballs.

In Section II we calculated a theoretical value of the drag coefficient based on the assumption that a fastpitch softball can be treated as a scaled-up baseball and we found that the calculated value was in excellent agreement with experimental data. Because of this, and because the range in which the spin factor S falls for a fastpitch softball has significant overlap with the range of S for a baseball, we assume that the allowed values of C_L for a fastpitch softball can also be computed from Eqs. (11) and (12). Making this assumption, we predict that the average value of C_L for drop balls, rise balls, screw balls and curve balls moving at 65 mph should be around 0.22, and that C_L should fall within the range $0.20 < C_L < 0.29$. We note that a preliminary analysis of data taken from over 3500 pitches of *all kinds* thrown by four pitchers found a similar upper bound for C_L (about 0.30) although a somewhat lower mean ($0.13, \sigma = 0.06$).⁵

The fact that we expect C_L to be bounded above by 0.30, and that this expectation is in agreement with experimental data, allows us to use the results presented in Tables I, II and III to draw several interesting conclusions about launch angles. First, according to Table I, drop balls which pass through the strike zone can’t have launch angles greater than about ten degrees. This prediction is consistent with the data presented by Nathan,⁶ which showed that θ has an average value of 7.4° with a root mean square value of 2.3° . Note that Nathan’s launch angle data were taken for all types of pitches, not just drop balls. Second, according to Table II, rise balls must have a nonzero launch angle in order to pass through the strike zone and this angle must be greater than two degrees. This prediction is consistent with the data presented by Nathan,⁶ which showed that there were no launch angles θ less than two degrees. Third, according to Table III, a pitch curving to the pitcher’s left must be launched with a horizontal angle less than 2.5° to the right of the line between the pitcher and home plate if it is to have a chance of passing through the strike zone. At present there are no data with which to compare this prediction.

VI. CONCLUSION

In this paper we presented a model based on Newton’s Laws from which the trajectories of various pitches in fastpitch softball can be calculated and displayed. We used this model to graph the paths followed by drop balls, rise balls and curve balls for different choices of launch angles and lift coefficients, and to determine which combinations of these parameters result in pitches that pass through the strike zone. We then used the model, along with an analysis presented by Adair, to predict when a pitch is likely to be missed or fouled by a batter. Finally, we considered lift coefficients C_L for fastpitch softballs. We predicted that C_L should be bounded above by 0.30, a result confirmed by recent experimental data, and then used this bound together with other results from

our model to place limits on the launch angles for which various pitches will stay within the strike zone.

Besides offering a new way to graph and compare the trajectories of fastpitch softball pitches, to determine their lift coefficients and launch angles, and to explore various ‘what if scenarios . . .’, the model presented here also can be used in undergraduate courses in classical mechanics and mathematical modeling. Once they have implemented the code, students (or softball enthusiasts) can use the model to gain better physical insight into how changing different parameters, such as the drag and lift coefficients or the initial speed of the pitch, affects the trajectory of the ball. They can also compare the trajectories of various pitches as we did in Figure 5 to see where the pitches are at different times in the batter’s process and whether the pitches can be distinguished from each other before the batter has committed to her swing. We

end by noting that the model presented here can be used to investigate pitches in baseball if the parameters and initial values are replaced by numbers appropriate to that sport.

ACKNOWLEDGEMENTS

We thank Professor Alan Nathan of the University of Illinois at Urbana-Champaign, who read a preliminary report of this manuscript and made many helpful suggestions. We also thank Professor Gwen Lexow, former Head Softball Coach at Bates College, for her insights into pitching. Finally, we thank the referees for many useful suggestions, all of which improved the paper.

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 - ⁴ R. K. Adair, *The Physics of Baseball*, 3rd edition (IT Books/Harper-Collins, New York, 2002), pp. 38–46. For a beautiful pictorial representation of Adair’s time-analysis of a batter’s swing, see <http://www.axonpotential.com/hitting-a-baseball-the-hardest-thing-to-do-in-sports>.
 - ⁵ A. M. Nathan, private communication.
 - ⁶ A. M. Nathan, “The effect of spin on the flight of a baseball,” *Am. J. Phys.* **76**, pp. 119–124 (2008).
 - ⁷ <http://msemac.redwoods.edu/~darnold/math50c/mathjax/spherical/index.xhtml>
 - ⁸ In some cases there are additional “side or cross forces” on a pitched baseball. These forces seem to occur in special cases when the spin axis passes through the smooth part of the baseball (the cowhide) rather than the rough part (the seams). They are discussed by Wu and Gervais,⁹ and more recently by Cross¹⁰. For a very interesting example of such a pitch, see http://www.nytimes.com/2012/08/05/sports/baseball/pitch-by-yankees-freddy-garcia-tests-physics-experts.html?_r=0
 - ⁹ T. Wu and P. Gervais, “An examination of slo-pitch pitching trajectories,” *Sports Biomechanics* **7**, pp. 88–99 (2008).
 - ¹⁰ R. Cross, “Aerodynamics in the classroom and at the ball park,” *Am. J. Phys.* **80**, pp. 289 – 297 (2012).
 - ¹¹ Because the values of some of our initial conditions are only reasonable approximations, we only use two significant figures throughout the paper.
 - ¹² <http://130.226.56.171/Support/FAQ/WebHelp/AirDensityTable.htm>
 - ¹³ D. Abrahamson, *NCAA Softball, 2014 and 2015 Rules and Interpretations* <http://www.ncaapublications.com/p-4319-2014-and-2015-softball-rules.aspx>.
 - ¹⁴ The Lisa Mize Fastpitch Academy reports the range of speeds for college fastpitch softball pitches as 59 mi/hr to 70 miles per hour.¹⁵
 - ¹⁵ http://www.mizefastpitchdiamonds.com/news_article/show/9307?referrer_id=30863-news
 - ¹⁶ See the graph on page 8 of Reference (4).
 - ¹⁷ For baseballs, see pp. 8 – 9 of Reference (4).
 - ¹⁸ C. Frohlich, “Aerodynamic drag crisis and its possible effect of the flight of a baseball,” *Am. J. Phys.* **52** pp. 325–334(1984).
 - ¹⁹ See pp. 10 – 12 of Reference (4).
 - ²⁰ Since our program is tracking the center of mass of the softball, a strike occurs when its position is one radius from either side of home plate.
 - ²¹ G. S. Sawicki, M. Hubbard and W. J. Stronge, “How to hit home runs: Optimum baseball bat swing parameters for maximum range trajectories,” *Am J. Phys.* **71** pp. 1152–1162 (2003).
 - ²² R. G. Watts and R. Ferrer, “The lateral force on a spinning sphere: Aerodynamics of a curveball,” *Am. J. Phys.* **55** pp. 40–44 (1987).
 - ²³ L. W. Alaways and M. Hubbard, “Experimental determination of baseball spin and lift,” *J Sport Sci*, **19**, pp. 349–358 (2001).
 - ²⁴ See p. 14 of Reference (4).
 - ²⁵ http://www.revfire.com/coaching_data.html
 - ²⁶ www.revfire.com/faq.html
 - ²⁷ http://www.revfire.com/files/Spin_Rate_Guide_-_SB0_v7.pdf.