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In this paper I will discuss various aspects of Seawall Beach located in Phippsburg, Maine. I will investigate the waves and their effects on the beach including how they help form the beach and different patterns they leave on the beach as a result of the effects of the waves as they come in and go out with the tides. I will discuss the currents formed at the ends of the beach where the Morse and Sprague Rivers jon the ocean. Finally, I will also include a profile of the dunes down to the spit end where the terns nest including areas where the waves have broken through the dunes and deposited piles of driftwood on the backdune.