

OZALI NA COVID-19? OZALI NA MPOSA YA LISALISI?



Nasengeli
kosala teste ya
COVID-19?



Sala Teste!



Nini
ekosalema
soki teste
emonisi
ete nazali
na maladi?

- Ozalaki **pene** ya moto aza na COVID-19?
- Oza na **bilembo**?
- Tala malako ya Maine na internet

Kobosana komibatela te! Lata masque, zala mosika na bato mosusu, mpe sukola maboko to salela nkisi ya koboma mikrobe

- Sala teste nae sika ya kosala teste to na lopitalo
- Osengli kozala yo moko to na quarantaine kino okozwa resultat
- Soki oza na mposa ya lisalisi mpo na kotikala na ndako, senga yango na **Lisalisi ya Mboka mpo na Misala ya Lisungi**
- Esika ya kosala teste ekobenga yo to ekokomela yo mpo na kotindela yo resultat ya teste



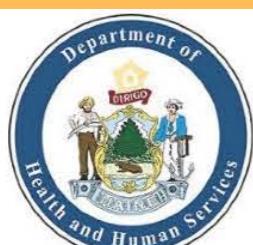
Lisalisi ya
Mboka mpo na
Misala ya
Lisungi

- Maine CDC akobenga yo mpe akotuna:
 - Ozwaki virisi **Wapi**?
 - Oza na **bilembo**?
 - Banani ozalaki **pene** na bango?
- Bakobenga bato oyo bazalaki pene na yo mpo na koyeba soki bazali na bilembo mpe soki ezosenga bazala na quarantaine to bamifandela.
- Osengeli komifandela, mpe Maine CDC ekoyebisa yo soki ekozala mikolo boni
- Bakoki kosalisa yo kozwa **Lisalisi**



Okoki kosenga
lisalisi ya
komifandela to ya
kozala na
quarantaine na
mokambi ya
mboka,
monganga,
infirmier, moto
asalisaka bato,
infirmier ya
eteyelo TO Maine
CDC.

Yebisa yango na nzela ya email @DHHS.covidsocialsupport@maine.gov to na nzela oyo
online form



MISALA YA LISALISI YA MBOKA MPO NA COVID-19



**Misala ya Lisalisi
ya Mboka eza
nini?**

Lisalisi ya Mboka mpo na Misala ya Lisungi eza misala oyo eza mpo na bato nyonso oyo bazali na mposa ya lisalisi mpo na kozala na quarantine to komifandela. Masanga ya mboka nde epesaki lisalisa wana; misala yango ezali na:

- **Bilei (ya mobesu/ya kolamba/koya kotika bilei)**
- **Kosangisa mimeseno mpe misala ya lokota**
- **Komibatela na maladi mpe kokutanisa na minganga**
- **Transport mpo na kokende na esika ya kosala teste, na lopitalo mpe na bisika ya libateli**
- **Kokende kozwa biloko mpe bankisi**
- **Misala ya maladi ya moto**
- **Ndako/esika ya malamu na ntango ya komifandela to ya quarantine**
- **Kokutanisa yo na misala mingi ya lisalisi**



**Wapi nakoki
kozwa lisalisi?**

- Ozali na **bilembo** ya COVID-19 [TO](#)
- **Ozali kozela** resultat ya teste ekzame na yo [TO](#)
- **Bakangi** yo maladi sima ya teste ya COVID-19 [TO](#)
- Ozalaki **pene** ya moto moko oyo aza na COVID-19



**Ndenge nini
nakoki kozwa
lisungi ya
misala oyo?**

- **Mokambi ya mboka, monganga, infirmier, moto asalisaka bato, infirmier ya eteyelo [TO](#) Maine CDC akoki** kosalisa yo mpo na lisalisi
- Na ndingisa na yo, bakoki kosala yango na kokomelaka DHHS.covidsocialsupports@maine.gov to na kotondisaka [formilere oyo na internet](#)

**Yebisa yango na nzela ya email DHHS.covidsocialsupport@maine.gov to na nzela oyo
online form**

