# **LISTEN UP!** PODCAST RECOMMENDATIONS

#### THURSDAY, APRIL 9, 2020

# It turns out there are a LOT of really awesome podcasts out there! This list is sure to include something for everyone, no matter your experience, interest, or time commitment. We know there are more out there, so send recs to <u>healthed@bates.edu</u>. Happy listening!

# Intro to Finance

- Motley Fool Answers (a Q&A show about all things money)
- Motley Fool Money (a show that aims to answer, "What's going on with the economy?" each week)
- So Money (an interview show with everything from experts to recent graduates talking about their personal experiences with money, lessons learned, and bits of wisdom)

# For Readers (and Writers)

- Book Fight (a podcast about great and terrible books)
- Invisible College (an 18-episode podcast on creative writing "taught" by some of the greatest writers of the 20th and 21st centuries)
- The Guardian's Audio Long Read (absolute favorite of all times, comes with text online too)
- The Guardian's Audio Long Read
- The Guardian Science Weekly
- The Allusionist- for nerds who like words

# Pop Culture

- The Big Picture (big-brained movie nerds criticizing the state of film)
- Gilmore Guys (two dudes watching every episode of Gilmore Girls, dissecting the complex relationships, and ultimately answering the question, "Team Dean, Team Jess, or Team Paris?")
- Still Processing -- social commentary podcast on current events from the perspective of these two who offer intelligent critique on the political and social atmosphere as well as they do witty banter on popculture music, films, etc
- Harry Potter and the Sacred Text
- Binge Mode Harry Potter
- Binge Mode StarWars
- The Rewatchables (Rewatching movies)
- Fake Doctors, Real Friends (Scrubs weekly re-watch)
- Ringer Dish
- 36 Questions -- The Podcast Musical

# People talking to People

- The Rich Roll Podcast (for health, wellness, art, entrepreneurship, and Californianess)
- Armchair Expert (for really honest conversations among celebrities you might know and you might not know)
- You Made it Weird (a podcast mostly about conversations with comedians and artists that are usually funny and almost always turn serious/spiritual)
- This American Life
- Rough Translation
- Invisibilia
- The Moth
- Homecoming

# The Royals

- Pod Save The Queen
- Royally Obsessed

# **Brene Brown**

 Unlocking Us (Brene gets her own category. She's undoubtedly helped -- and helping -- lots of people. Plus she has an episode with Alicia Keys!)

# **News / Politics**

- Pod Save America
- The Daily
- Up First
- Pant Suit Nation

# **Health and Wellness**

- Food Psych- Intuitive eating/anti-diet culture/health at every size
- Terrible, Thanks for Asking- Grief/loss
- Backpacker Radio- Thru hiking, etc.
- Dear Sugars- Relationships
- Bodies
- Food, We Need To Talk
- Immaculate Deception
- RISE podcast -- Rachel Hollis

# Crime

- Serial
- Criminal -- one-off true podcasts that are typically wild stories