Go to www.aetna.com and click on find a doctor.
Choose the plan offered by employer option
Enter your zip code and then choose Doctors Primary Care.

Or enter your doctor’s name to see if they are in the network.
For doctors in the Aetna Whole Health (ACO) Plan choose:

(ME) Aetna Whole Health – Health Network Only/Option
Be sure it reads Best Results for your Plan as this means it is a Tier 1 Provider.

For the Aetna Whole Health Plan you must choose a primary care physician and put their 6 digit primary office number on the enrollment/change form.
For the PPO or HSA Plan choose the Aetna Choice POS II (Open Access) Network

You do not need to designate a primary care physician for the PPO or HSA Plans