Save Today with a \$500 Health Care FSA

It's easy to see how an FSA can work for everyone! The expenses listed below are common costs associated with health care.

<u>Doctor Visits</u> Sick Visit - \$30 copay	_ \$191.00
Vision Exam - \$114 copay	
Pain Relief & Digestive Health	\$34.08
Motrin/Tylenol - \$13.05	•
Tylenol Cold & Flu - \$7.93	
Pepcid AC - \$13.10	

Eyeglasses & Antibiotics	\$238.28
Eyeglasses/Contact Lenses - \$211 Contact Lens Solution - \$7.28	
Prescription Antibiotic - \$20 copay	
First Aid	\$43.95
First Aid Kit - \$15	
Band Aids - \$8.67	
Sunscreen (SPF 15 or greater) - \$11.99	
Reusable Hot / Cold Pack - \$8.29	

*Actual tax savings is dependent upon your state and tax bracket.

Enroll today!

When you enroll in an FSA, you lower your taxable income just by setting aside funds in your account. This means that the funds you set aside to pay for your health care expenses are tax-free... saving you money!

Participating in an FSA does require careful planning, however the benefits make these efforts pay off in the long run. You need to carefully estimate your expenses for the upcoming year in order to determine how much to contribute to your FSA. To get started, estimate the number of copays, prescription medications and allowable over-the-counter items that you use and purchase throughout the year.

