



SKILLS:

*pick 5 overall

Relationship

Collaborate
Demonstrate social/cultural sensitivity
Resolve conflict
Advocate
Provide care and support
Serve as liason
Serve clients and customers
Counsel
Facilitate groups
Train/instruct

Communication

Listen
Speak/interact
Write
Persuade
Promote
Sell
Speak to groups
Consult
Interview
Negotiate

Management/Leadership

Coordinate
Implement
Manage projects
Organize/plan
Build a team
Coach
Set goals
Envision
Lead
Make decisions

Physical/Technical

Body coordination
Hand dexterity
Observe
Build/construct
Restore/renovate
Sketch/draw
Inspect/test
Install
Operate equipment
Repair

Creative

Brainstorm
Demonstrate foresight
Use intuition
Conceptualize
Design
Synthesize/integrate
Visualize
Author/compose
Create images
Perform

Analytical

Analyze
Research
Solve problems
Categorize/classify
Evaluate
Manage data or records
Budget
Compute
Estimate
Forecast

VALUES:

*pick 5

- Achievement
- Advancement
- Adventure
- Authority
- Autonomy
- Balance
- Challenge
- Compensation
- Competition
- Creativity
- Detail work
- Efficiency
- Fast pace
- Flexibility
- Helping others
- Independence
- Influence
- Integrity
- Intellectual stimulation
- Knowledge
- Leadership
- Leisure time
- Location
- Management
- Moral fulfillment
- Personal growth
- Positive atmosphere
- Power
- Public attention
- Public affairs
- Recognition
- Research
- Responsibility
- Routine
- Security
- Service to society
- Social contacts
- Variety
- Wellbeing
- Working with others

PERSONALITY:

*pick a trait from each category

Introversion (I)/Extraversion (E)

I like depth over breadth
I get their energy from internal processes
E share more about themselves
I think more before they think

Intuitive (N)/Sensing (S)

S gather what is real—trust concrete
N trust inspiration and inference
S notice details
N is a mood you pick up on
N get bored after they've mastered skills
S more present-focused, N more future-focused

Feeling (F)/Thinking (T)

F step forward & consider effect on feelings
F value empathy & harmony
T are critical
F please others, show appreciation
F seen as sensitive, T as heartless
T prefer truth over tact

Perceiving (P)/Judging (J)

J more about comfort with making decisions
P happy leaving options open & live in moment
J derive satisfaction from finishing, P from starting
J see time as a finite resource, P as renewable